



The Panther Press

Florin High School

Fearless in Our Pursuit

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Issue III

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I	Pumpkin Derby Sign Ups
II	Fall Awards & Fall Awards Breakfast
III	Upcoming Schedule
IV	Senior Picnic
V	Diversity and Inclusion
VI	Senior Section
VII	Sports
VIII	Academics And Pathways Quarter I Update
IX	Athletics Quarter I Update



Pumpkin Derby Sign ups

Pumpkin Derby is just around the corner! Our favorite fall tradition will be back again this season. Pumpkin Derby is an annual tradition where student-staffulty (staff and faculty) partners decorate and race their own pumpkin! Basically, we drill holes in a pumpkin, attach axles and wheels and then we race them! Ask any student or staffulty that has participated...it's a thing! Pumpkin Derby is free for all students to participate. ASB will provide all of the supplies to turn your pumpkin into an official derby racer. All you need to do is find a staffulty member to partner with and complete the registration form. This year's derby will be held Wednesday, November 2nd during lunch. Supplies will be available for your team to drill the day before, after school. Be sure to sign up!

Scan the QR code or visit the link in our IG bio (@florinhhighpanthers) to register.

Fall Awards & Fall Awards Breakfast



Join the Activities Classroom [a2qqvb5] for access to the forms. Applications are due 12 noon, Friday, October 28th.

The Fall Awards Breakfast will be held Wednesday, November 2nd in the Library at 7:30 am.

The breakfast will be in honor of students earning Principal's Honor Roll, Honor Roll, Academic Improvement, Perfect Attendance, Academic Block, and Silver Panther Awards. This is an invitation only event. More information to come.

Upcoming Schedule

Nov. 1-2 - Dia de los Muertos

Day of the Dead - The spanish department will host a Dia de los Muertos celebration with sugar skulls, altars, and other traditional decorations near the I-wing.

Wednesday, Nov. 2 - Pumpkin Derby

Pumpkin Derby racing will be held during lunch.



Thursday, Nov. 10 - Minimum Day

Friday, Nov. 11 - Veterans Day (No School)

To honor the lives of those who have served our country in uniform, there will be no school. Decorations and flags will be put up around campus to show our appreciation for their sacrifices.



Nov. 21-25 - Thanksgiving Break (No School)

Senior Picnic

Tradition matters. Senior Picnic has become a hallmark of the senior experience here at Florin. A few weeks ago, 12th graders gathered on the front lawn to celebrate their last year in high school. They enjoyed refreshments and snacks while having good company under some much-needed shade. Some students played volleyball, football, and other backyard sports to pass the time. Either way, it sure was a blast!



Diversity and Inclusion

By **Inshrah Akhtar**, Diversity Commissioner

For LGBTQ+ History Month, we made sure to bring light to and celebrate the LGBTQ+ persons in our community. Among the activities held were the Pride spirit week and our Heart Garland lunchtime activity that happened recently. In the LTA, students made heart garlands from pride-themed paper to show their support. In addition, we also hosted an LTA to recognize Breast Cancer Awareness Month, where students dedicated their crafts to someone who struggled with the disease.



Senior Section

By **Andrea Flores**, Senior Class Lt. Governor

Hey seniors! How's your year going? It's very important to stay on track with your school work and finish senior year strong! It can be stressful and it's important to manage this stress correctly. Here are some activities you can try out to help calm down your stress!

Reading- Have you found your favorite genre of books yet? Reading is a calming activity and will also help you in your academics. It's a nice way to escape everything going on around you. There is always something for everyone to enjoy and read! Our school library is filled with many different kinds of books, and there are ones waiting for you! Come by the library during lunch, before or after school to check out a book. Take a few minutes out of your day to just sit down and read a book of your liking. Trust me, you'll enjoy it!

Coloring- Something very therapeutic that you should try out is coloring! If you are an artist already, you'll know just how fun it is. To start, draw something of your liking, let your imagination take you away, and then color it afterward. Seeing it all come together and seeing the colors work together to create your art piece brings a very satisfying feeling. If you aren't so good at drawing, you can also just color a coloring page!

The Outdoors- This time of year, the weather is just right. As we get closer to the heart of fall, things will get just a little chilly, a perfect match to the falling autumn leaves. Go outside and enjoy the nice weather. Breathe the fresh air and take a walk. Pop in your headphones and listen to your favorite playlist. Go on a walk with some friends to your local park or even just around your neighborhood. Going on walks helps clear your mind of whatever stress you have at the time. It's a nice way to distract yourself for a while. Remember, it's important to step outside and take occasional breaks from your busy life to collect yourself.

You may have noticed that these activities all help with mental health and relax the mind. It's crucial to find time in your day to just clear your head. Little activities like these can be big for helping you de-stress. Put yourself first and manage your stress in the most positive way possible. Stay Fearless!

Sports

By **Mario Perez & Susan Vong**, Athletics Co-Commissioners

Friday, Sept. 30th: Varsity Football vs. Natomas. (L)

Tuesday, Oct. 4th: Women's JV Volleyball won again against the Foothill Mustangs, taking 2 out of 3 sets. Varsity (L)



Tuesday, Oct. 11th: Congratulations to our Women's JV Volleyball team for winning against the Valley Vikings, with 2 out of 3 sets taken! Varsity (L)

Thursday, Oct. 13th: Women's JV Volleyball won against the Natomas Nighthawks, winning both sets! Go Florin! Varsity (L)

Friday, Oct. 14th: Varsity Football vs. Hiram Johnson. (L)



Tuesday, Oct. 18th: Women's Volleyball vs. West Campus. JV (L) Varsity (L)

Thursday, Oct. 20th: Women's JV Volleyball closes out the season with another victory over Hiram Johnson, 2-0! Varsity (L)

Academies & Pathways Quarter 1 Update

AgTech Academy & Agriculture Pathway

By Dr. Folan; Photos by Lucas Liu

The fall has been an exciting time for agriculture students at Florin High School. When students arrived back on campus they were greeted with the ribbon cutting grand opening of the new Florin Farm on August 27th. With much fanfare the spacious livestock barn which houses the many student Ag projects was opened for learning activity. This was accompanied by the addition of two portable classrooms.

As school got underway students were immersed in their specialized agriculture pathway courses, projects, as well as leadership development through the Florin FFA. Conferences designed to assist students in working to build their premier leadership, personal growth, and career success occurred in September. Chapter Officer Leadership and 30 9th graders also attended the Greenhand Leadership Conference in October. This followed with the first competitive event of the year when 40 students traveled to Liberty Ranch High School for the Opening Closing Ceremonies public speaking competition. These trips were all complemented with student led monthly meetings which were held at lunch and after school to further students' agriculture education experience. The National FFA Convention in Indianapolis awaits Florin FFA beginning the third week in October.

As the Fall / Winter approaches, agriculture students will be engaging in service learning projects as they continue to restore wildlife habitats and partake in sustainable agriculture practices. One such trip is slated for later this fall as 10th graders are engaged in Natural Resource experiences which is focused on rice production and habitat restoration.

Florin Agriculture looks ahead and has "Good things growing"!



Academies & Pathways Quarter 1 Update

IT Academy by Mr. Fairchild

The IT Academy has been busy serving our local running community. 20 of our member volunteered at the 5k Race for the Arts in Land Park. Last weekend we also had a large group volunteering at the Urban Cow half marathon in Land Park.

Our sophomores and juniors will be heading to Chico State on 10/29 for their first college field trip. Finally, our seniors and some select juniors will be attending our first ever NorCal College tour. We will be combining this college trip with the LAW Academy. Taking approximately 26 students to visit UC Berkeley, CSU-San Francisco, CSU-Monterey and UC Santa Cruz.



LAW Academy by Mr. Garcia

Having recently moved into a new classroom including new courtroom furniture, the year is off to an exciting new start for Law Academy at Florin High School. Already, record numbers of students have seized opportunities to engage our industry partners by participating in programs such as Sacramento County District Attorney's Youth Academy and the Sacramento County Sheriff's Explorers program.

LAW students embody a strong commitment to helping others while engaging in the local community. So far this year, students have had the opportunity to participate in hundreds of hours of community service including the recent Unity in the Community Event at Rutter Park. At the event LAW students were able to reach out to elementary school students within the Florin boundaries to talk about their career technical education options in high school and the value of public service.



The opportunity to interface with professionals and learn about rewarding careers is central to the LAW Academy experience. Recently, two investigators from the Sacramento Sheriff's Office taught students a weeklong workshop on writing search warrants. As part of the experience, students learned how to craft a successful search warrant and accompanying affidavit to submit to a judge for approval. Having carefully described the places to be searched and the people or things to be seized according to the fourth amendment, students then had the opportunity to carry out a mock search within the framework of the warrant they had written.

This year LAW Academy has already participated in several incredible field trip opportunities. Recently, seniors visited the State Capitol to get a behind-the-scenes look at the legislative process as part of their AP government class. In addition, LAW students visited the Matsui Federal Courthouse to celebrate Constitution Day. Students join luminaries such as presiding judge Kimberley Mueller and Sacramento County Office of Education Superintendent Dave Gordon in a ceremonial reading of the constitution to mark its 235th birthday. The full video of the reading is available on the court's website.

It's already been a great year for LAW Academy with much more to come. We look forward to keeping you updating on everything that comes next...

Academies & Pathways Quarter 1 Update

Aerospace Engineering Pathway

Florin Aerospace Engineering Pathway introduced students to their new 5000 sq. ft. building at the beginning of the school year. The building includes eight CNC machines, a computer lab with eight 3D printers, and many more industrial tools in the shop area. Florin Aerospace Engineering students will now be able to learn CNC manufacturing, how to fly planes virtually (with 4 flight simulators), drone flying, and hydrogen fuel technology.



Florin Aerospace Engineering will be on Inside California Education for the PBS / KVIE television channel. The show takes a look at innovative programs taught in California schools. They spent all day last Tuesday interviewing and recording the students working on hydrogen fuel cell technology. The show will be released in early 2023.



Audio & Music Production Pathway by Mr. Cronin

1. Audio & Music Production students are getting back in the studio as COVID restrictions ease, where two brand new vocal isolation booths have just been installed.
2. Our most recent Homecoming Dance was successfully DJ'd by one of our audio students, a goal we've been working toward for several years.
3. Our advanced students will be getting a special lecture on audio synthesis from one of Chico State University's audio professors next month.



Academies & Pathways Quarter 1 Update

Culinary

Pathway

by

Chef

Rice

Photos by Lucas Liu

We are excited to build and expand existing culinary connections here on campus, whether it be making rainbow cupcakes for a lunchtime activity with the GSA club, hosting after-school cooking classes with the VSA, decorating sugar skulls for Dia de los Muertos with the world language department, or ugly sweater and cookie decorating with ASB during lunch in December. However you cut it, there is always something tasty happening in the culinary building!



Athletics Quarter 1 Update

The Athletics Department has had some noteworthy achievements this fall.

For starters, Cross Country is currently 3rd place in league. As always, Coach Fairchild has led the team well, pushing his athletes to do better at every competition. This year will be his last year coaching the sport.

Varsity Football made the rounds this season by defeating Valley HS 36-0 for their second straight victory in the HWY 99 Game. Florin has won 16 out of the 29 matchups thus far. Go Panthers!

Women's Volleyball is currently in the middle of the pack in league at 4th place.

Cheer is also doing a great job supporting our football team this fall!

